

NEW WAYS OF REMOVING SUPERFLUOUS HAIR: Just How to Do It So That the Skin Will Be Smooth and Free From Disfiguring Down.

BY MARION MARTINEAU.



THE APPLICATION WHICH PREVENTS THE HAIR FROM RETURNING.

WRITTEN FOR THE SUNDAY REPUBLIC.

There is no better way to begin this article than by a letter received from a reader of this newspaper:

"Dear Madame—I was humiliated beyond measure by a growth of heavy black hairs on my upper lip and on my nose, making my brows clear across my forehead."

"I took the tweezers, and after 'weeding' the brows and pulling out superfluous hairs, then applying ammonia I find in three weeks' time a complete cure has been effected."

"I am grateful to you, for I have tried remedy after remedy with no success."

"The application being so inexpensive and simple is appreciated by one who has squandered money on remedies of all descriptions."

"My skin is completely ruined by the remedies I have applied."

"My skin naturally was pink and white—it is a good color now, but the texture is terrible. Can you help me in this matter as you did in the other?"

This letter is only one of many received from grateful readers who have followed the advice of the beauty talks.

And it is only one of thousands that are written to this office upon the subject of superfluous hair.

It would seem as though every woman in the land were afflicted with too much hair, either upon the upper lip or upon the arms, and that, in the effort to get rid of this disfigurement, every remedy had been tried, except the right one.

REMOVING THE HAIR.

As a matter of fact it is a very easy matter to remove the hair from the upper lip. But the trouble is that it comes back again.

It can be cut off, shaved off, scrubbed off with pumice, bleached off, pulled out or treated with the electric needle.

But in a short time it is back, and when it returns, it is more stubborn than before, is darker in shade, is heavier and much more noticeable.

A girl who has once begun to shave her upper lip is in a terrible plight, while the one who is continually cutting off the hair of her lip is almost as badly off, for it is only a question of time when she will have to use the razor.

After that it is almost hopeless, for the shaving must be done daily, and sometimes twice a day to keep the face free from the black suspicion.

In certain countries it is considered a mark of beauty to have a little down on the upper lip; and in Spain the dark beauties encourage a little hair at the side of the mouth.

But in this country we do not admire it, and, if it grows so that it is noticeable, it is a distinct disfigurement.

Just why it should grow upon one female face and not upon another is not known.

Sufficient for the sufferer to know that she is thus marked.

Her next thought must be to get rid of it, and here she must employ her ingenuity and her brains together with the best knowledge she can collect.

The trouble is that the remedy which works well in one case does not work in another at all.

The woman who succeeds in making her upper lip smooth with ammonia and the tweezers will be followed by others who do not find this remedy efficacious.

The woman who finds that pumice has freed her arms of hair is patterned after by another who discovers that her arms are as woolly as ever, even after most vigorous treatment.

ELECTRIC NEEDLE SURGERY.

The electric needle is the surest of all remedies, and as a matter of fact it never should fail. Indeed, it never will fail if manipulated properly.

But the trouble is that all do not know how to use it.

The needle must be so managed that, when stuck into the skin, it strikes the root of the hair.

The operator places an electrode upon the wrist of the patient, then, taking the needle in his hand, he presses it into the skin.

His practical hand guides him until he reaches the root of the hair.

The current is now turned on and the root of the hair is killed.

When the needle is pulled out the hair drops out with it.

If the operation is improperly performed, if the needle does not strike the root of the hair, then it will have been done in vain, for the hair will grow again.

But the electric operation is to be recommended, and the woman who will pay the price, both in money and feelings—for it is painful, of course—will come out with a nice smooth lip.

But where there is no electric needle handy, where one cannot reach an operator, there are other remedies which may work or may not, but which are certainly worth a trial.

One of these is the combination of the tweezers and the ammonia bottle.

This is the process as described by one who has tried it.

"Taking a pair of fine tweezers," writes this correspondent, "I pulled out a dozen hairs. Each one brought a tear, but the hair was pulled out just the same."

"Then I rested; then pulled out some more, and kept on until I had cleared a nice place on my upper lip. Then, taking a little pure ammonia, I applied it to the spot."

"It smarted, but I felt as though the roots of the hair were being killed."

"Next day I went at it again, and in a week had my whole upper lip free, and also the space between my eyes."

"I was careful not to let the ammonia get into my nose, mouth or eyes."

TIME AND CARE REQUIRED.

There are skins that cannot stand ammonia, and in that case the remedy is powerless; but it is no harm to try and to proceed cautiously at first until one understands one's own peculiarities.

Another remedy for superfluous hair is found in the peroxide bottle.

This can be applied to the arms as well as to the upper lip.

Let the lip first be well washed with soap and water, with a little borax mixed in. Then let the pure peroxide be applied, and in the peroxide let there be a few drops of ammonia.

The ammonia can be applied immediately afterwards, if preferred, or it can be stirred into the peroxide.

This will bleach the hair to a very light straw color.

And, as the ammonia is injurious to the roots of the hair, the hair will soon die of itself and fall out.

Hair can be killed with peroxide and ammonia without the least difficulty.

All of these things require patience. Rome was not built in a day, neither was the upper lip made smooth without a great deal of time and care.

If one goes to a specialist, one is willing to take the time for the work. So, in treating the face at home, one cannot expect to have it all done without time or trouble.

The pumice treatment is recommended for the arms, or for very light cases of hair on the upper lip.

The hair is scrubbed off with powdered pumice and the place is then rubbed with cold cream to keep it from getting red.

If one is willing to undergo a great deal of smarting, one can immediately apply ammonia to the upper lip or to the arms.

But be careful, for the pain may be considerable.

There is not the least necessity for the presence of superfluous hair upon any face. Neither need the arms be disfigured with it. The hair is so easily taken off that it seems incredible that any woman should be willing to live with it upon her face.

True, she may be among those who admire a little down on the lip, and if so, then she has a sufficient excuse for allowing it to grow.

If there are any readers of this column who are struggling with superfluous hair, and who have tried to remove it and have not succeeded, let such take hope.

There is no reason why it should not be taken off at once. It may be that one remedy has not worked, then the next one will.

If any reader has tried, and has not succeeded, let her write to this department of the paper and advice will be given her for the speedy and the permanent removal of that which cannot be an annoyance to her.

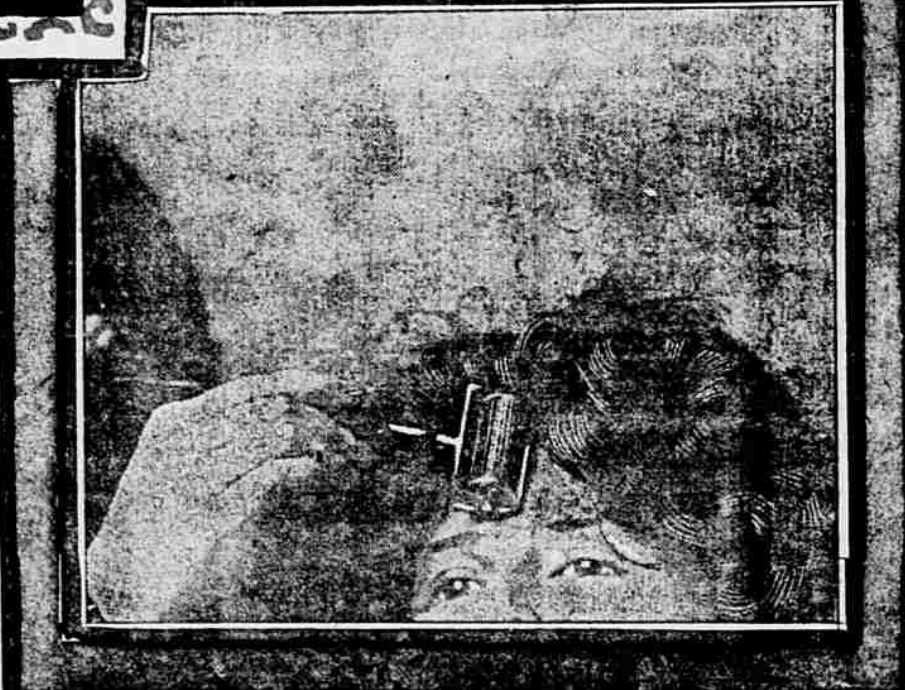
Please, in writing, state how long you have had the superfluous hair, and what you have done for it; also state the condition of your complexion, for unless these things be known, the advice will not be good for anything.

Be sure of one thing, that superfluous hair can always be removed, and that it is an affliction that is wholly unnecessary.

Answers to Correspondents will be found on the preceding page.



PLUMPING THE WRISTS



ROLLING OUT WRINKLES



STIMULATING THE HAIR WITH THE ELECTRIC BRUSH



TAKING OUT THE HAIRS WITH THE NEEDLE